





Strategies to help you protect
your most valuable assets

10/06/2021

“Cyber Security & Internet Fraud”

intuity

But how much is it worth?



How much does my Credit Card information cost on the Dark Web?

Please enter your answer in the Meeting Chat...

But how much is it worth?



\$12 - 20

Full credit card details including associated data costs: \$12-20

Credit card details are usually formatted as a simple code that includes card number, associated dates and CVV, along with account holders' data such as address, ZIP code, email address, and phone number.

A full range of documents and account details allowing identity theft can be obtained for \$1285.

Online banking logins cost an average of \$35

Online banking credentials typically include login information, as well as name and address of the account holder and specific details on how to access the account undetected.

PRIVACY Affairs	
Forged documents	
Product	Average dark web Price (USD)
US driving license, average quality	\$70
US driving license, high quality	\$550
Auto insurance card	\$70
AAA emergency road service membership card	\$70
Wells Fargo bank statement	\$25
Wells Fargo bank statement with transactions	\$80
Rutgers State University student ID	\$70
US, Canada, or Europe passport	\$1500
Europe national ID card	\$550

This is how fast a password leaked on the web will be tested out by hackers

Cybersecurity researchers planted phoney passwords on the web. They found that attackers were extremely quick to test if usernames and passwords worked.



By Danny Palmer | June 8, 2021 -- 15:32 GMT (16:32 BST) | Topic: Security



Half of accounts compromised in phishing attacks are manually accessed within 12 hours of the username and password being leaked, as cyber criminals look to exploit stolen credentials as quickly as possible.

MORE FROM DANNY PALMER



Security
This new ransomware group claims to have breached over 30 organisations so far



Productivity
A massive outage just took large sections of the Internet offline



Security
Diversity In
cybersecurity: How being inclusive can help improve everyone's defenses against attacks



Security
This phishing email is pushing password-stealing malware to Windows PCs

Our Purpose @ Intuity



We believe that every business should have the opportunity to grow, improve, thrive and prosper in a secure technological environment.

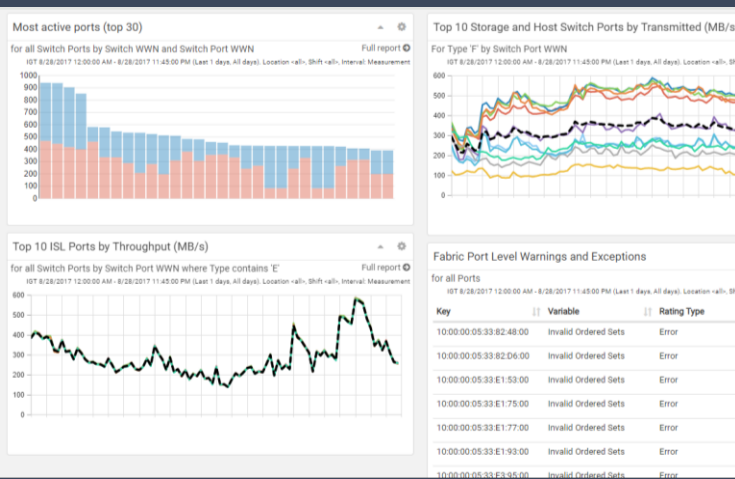
For us, it's about protecting companies and people's livelihoods.





Getting to know the Threats

- Security & Compliance Team
- Emerging & constantly changing Threat Landscape
- Share the findings and appropriate solutions to help protect your Data



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CYBER|IRELAND
IRELAND'S CYBER SECURITY CLUSTER





Plan for today:

A Simple Framework

Cyber Threats 2021

State of Play (Irish Research)

Strategies for you

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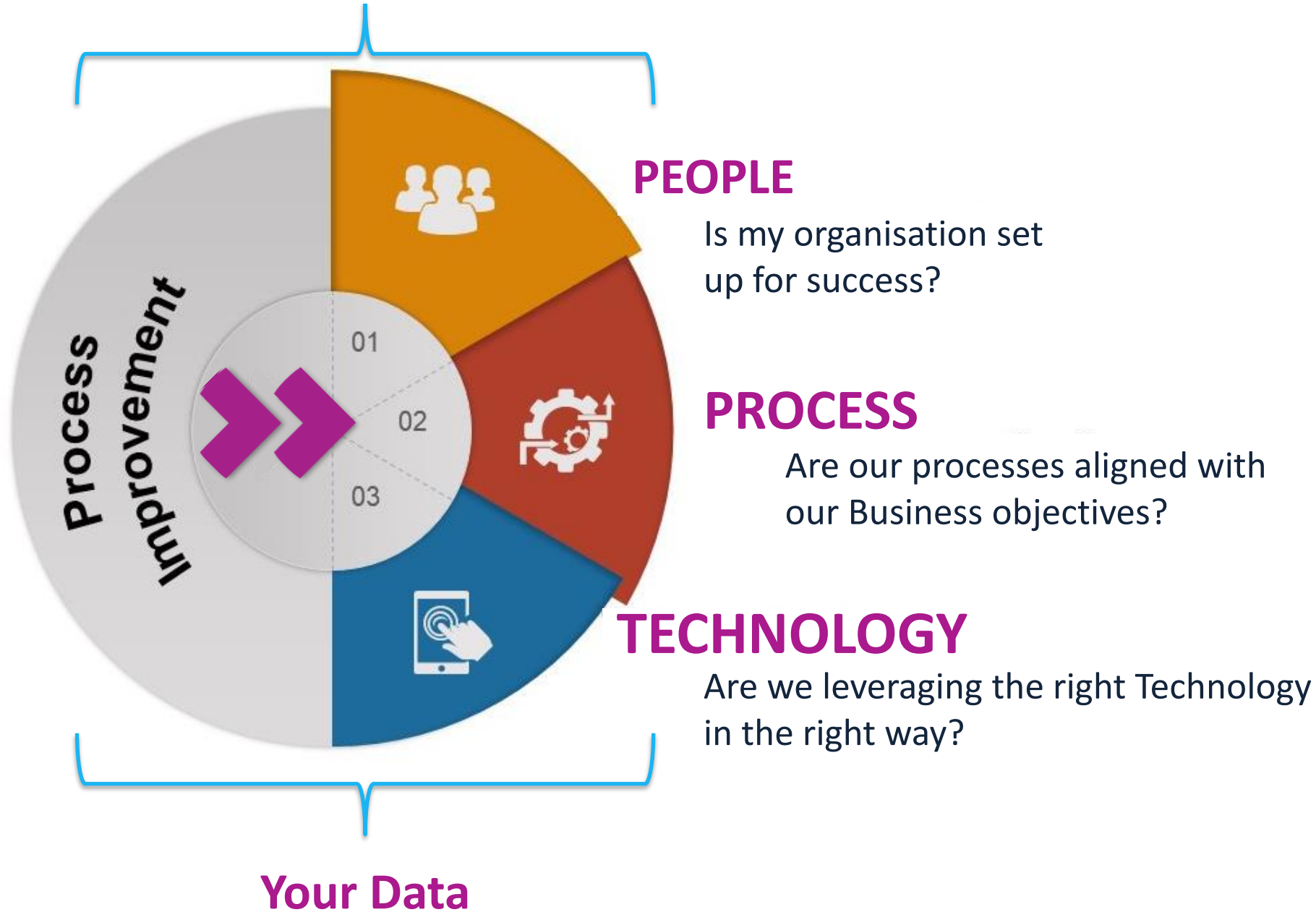
Keep an eye out for this!



- Win a 1 hour CyberSecurity Training Session for your Team / Network
 - Question will be included in the post-event questionnaire



A Simple Framework for Success



A Simple Framework for Success



Cyber Threats

Ever-changing threats and how
to mitigate against them

Cyber Threats

Spear Phishing
Mobile Vulnerabilities
Fileless Malware
Ransomware



PHISHING VS SPEAR PHISHING



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Approach

Spray and pray

Targeted attack

Targeting

Broad and automated

Specific employee
and/or company

Hacking Level

Not very sophisticated

Requires advanced
techniques

The Attack

Usually obvious

Harder to detect

What They Are After

Username, passwords,
credit card details, etc.

Confidential information,
business secrets, etc.

PHISHING VS SPEAR PHISHING



Approach	
Spray and pray	Targeted attack
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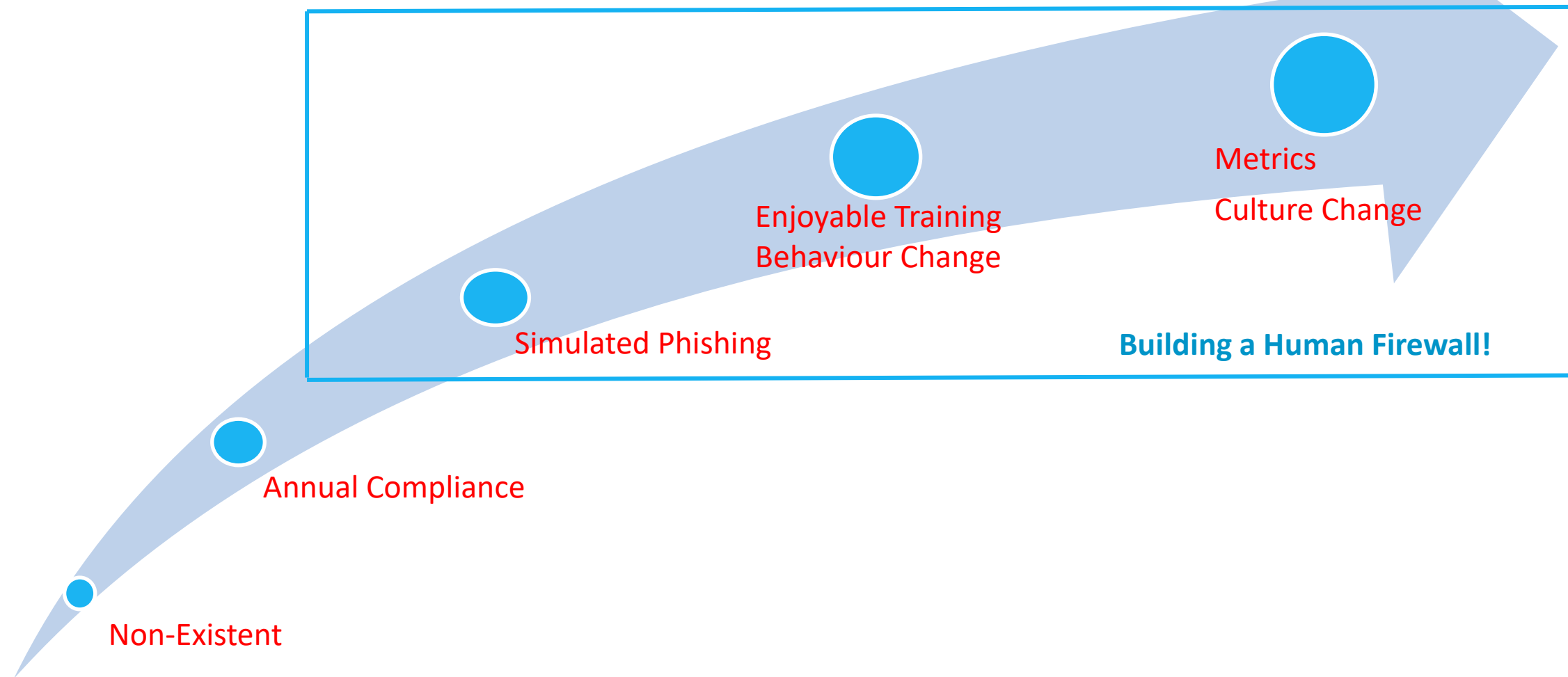
Effectiveness * :

- Phishing 25%
- Spear Phishing 45%

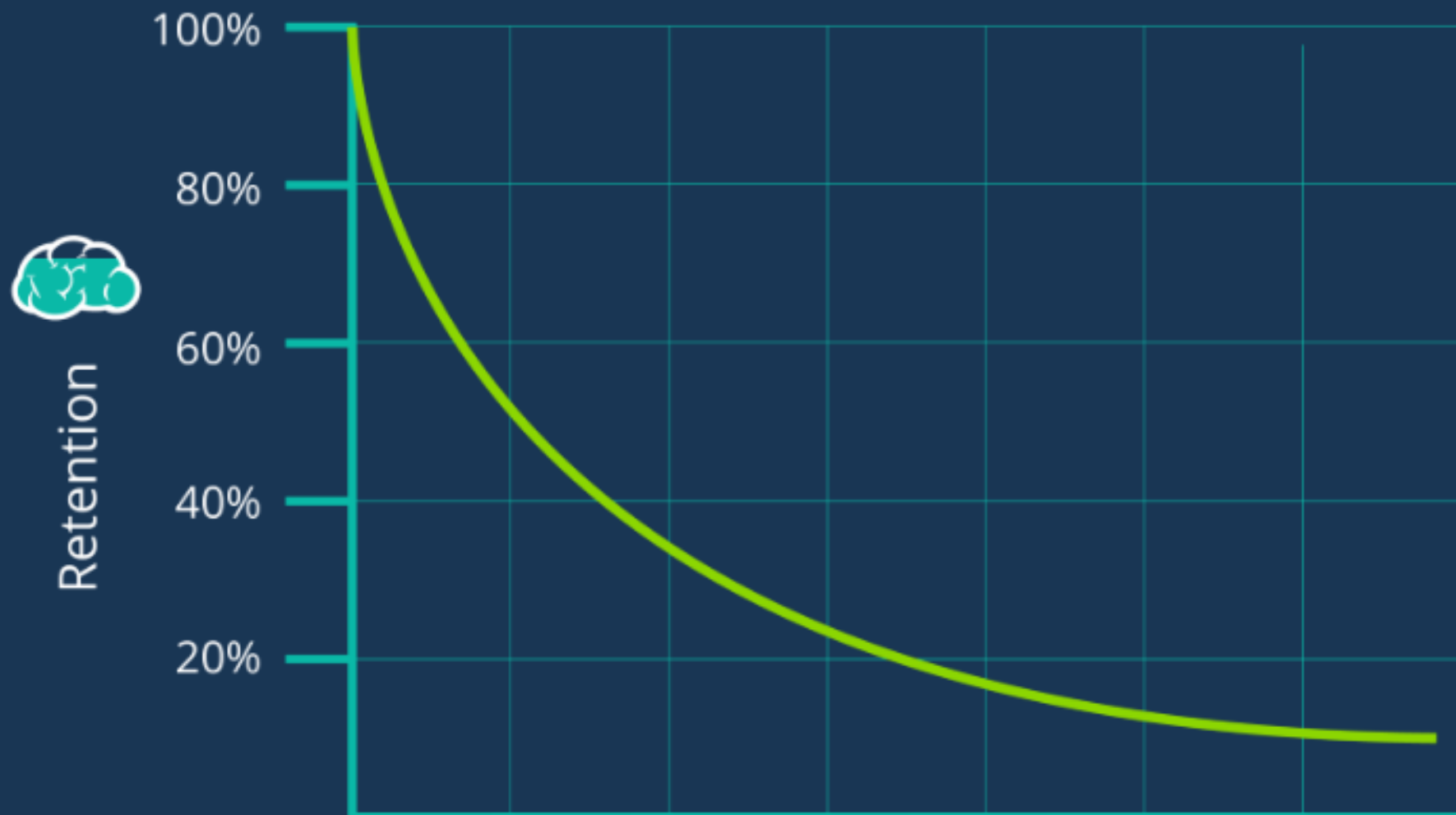
Solutions:

- **People:** Build your Human Firewall
 - Train & Simulate Phishing
- **Process:** Internet & Email usage policy
- **Technology:** Patching systems, Email protection, Spam filtering, link protection etc.

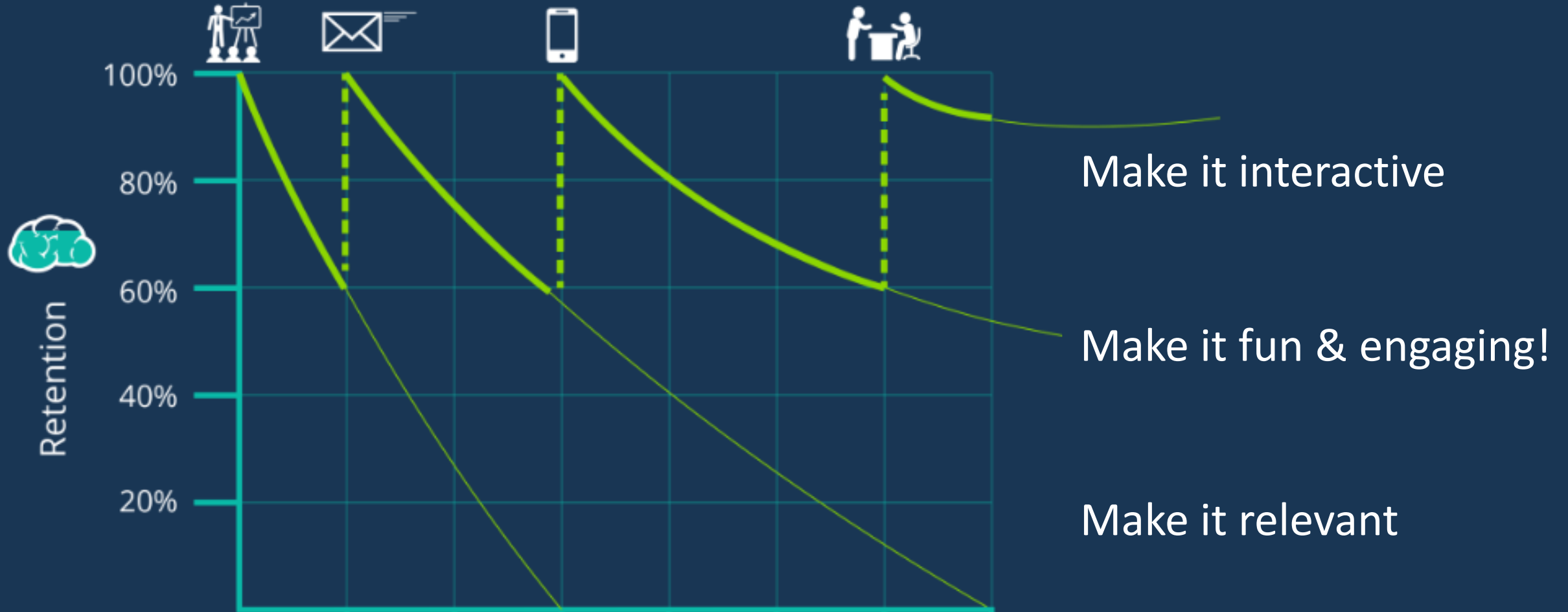
Security Awareness Maturity Model



THE FORGETTING CURVE



COMBATING THE FORGETTING CURVE



Date Range



Last 6 months

Include Selected Campaigns



All Campaigns

Include Campaigns Sent To



All Users

Compare

Failures

Group Comparison By

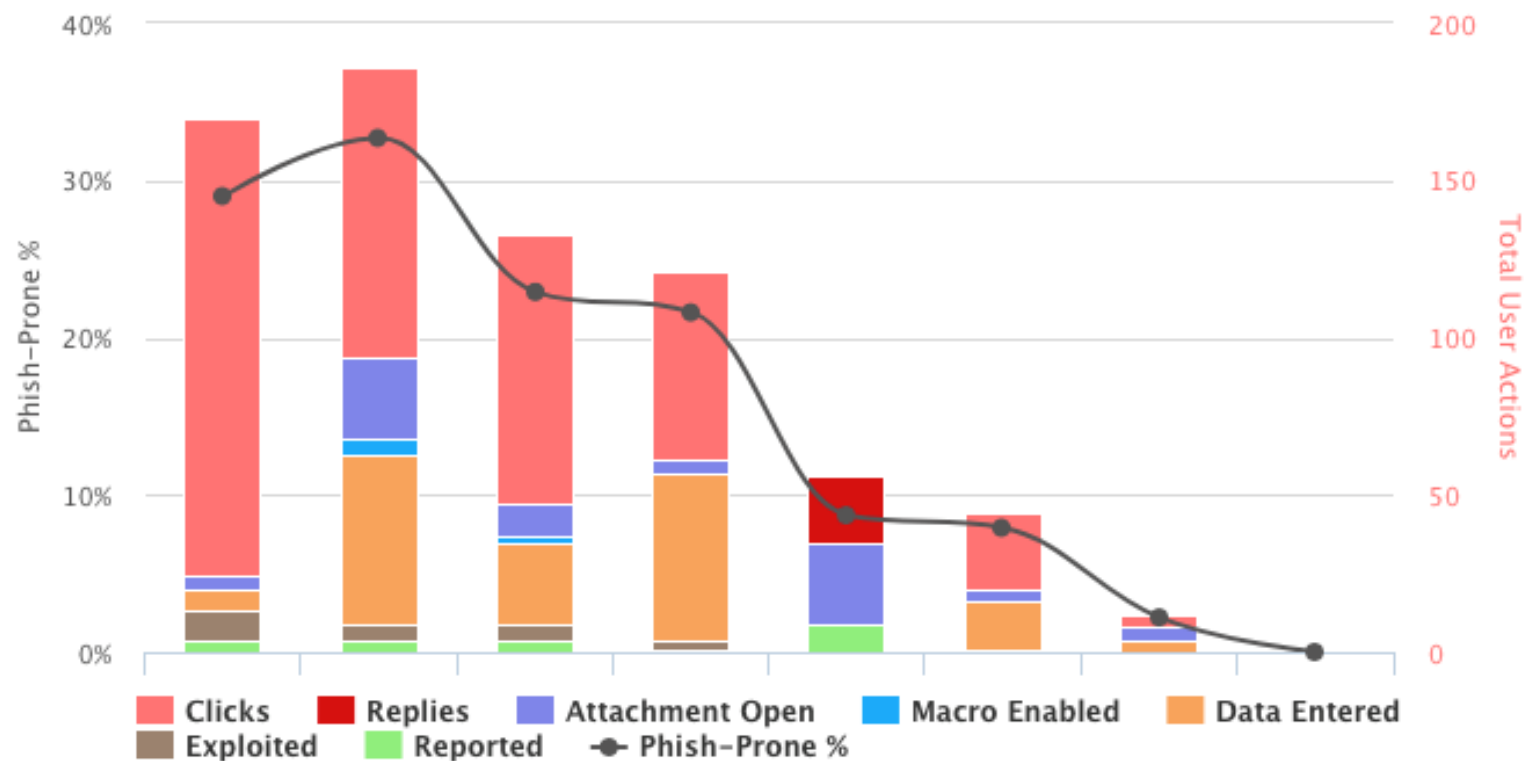
-- None --

☐ Include Non-failures

Submit

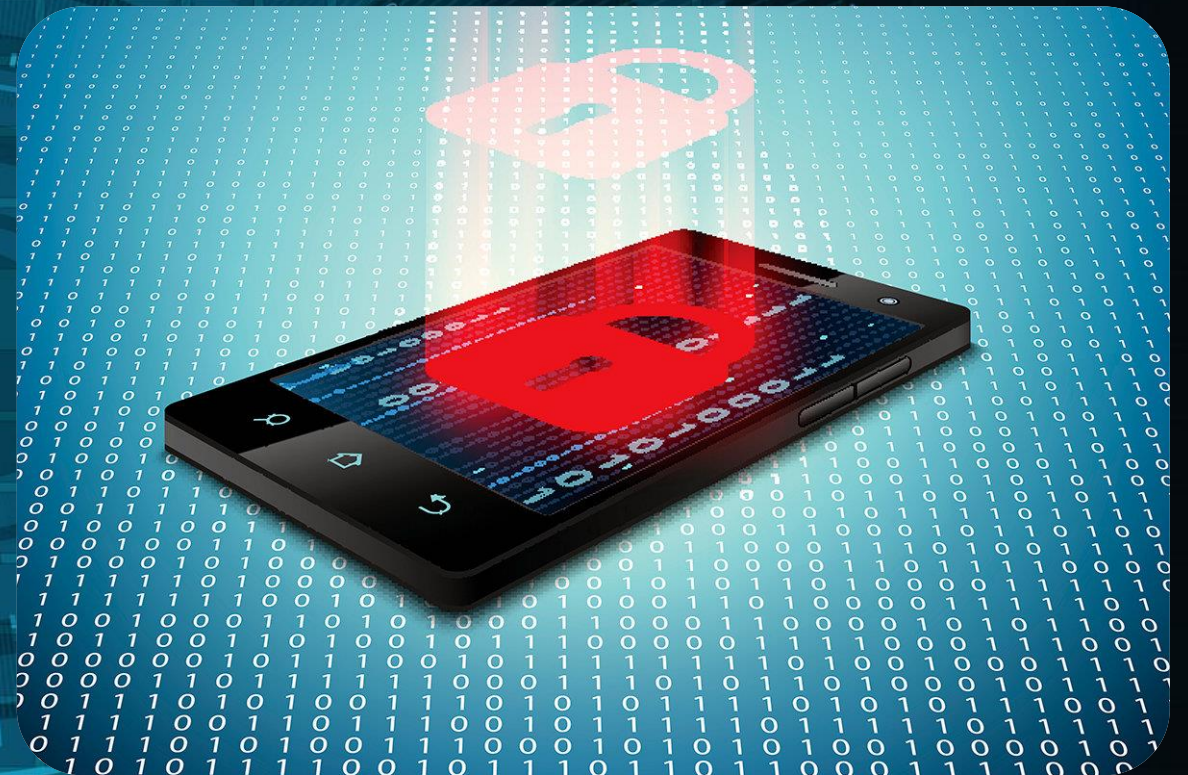
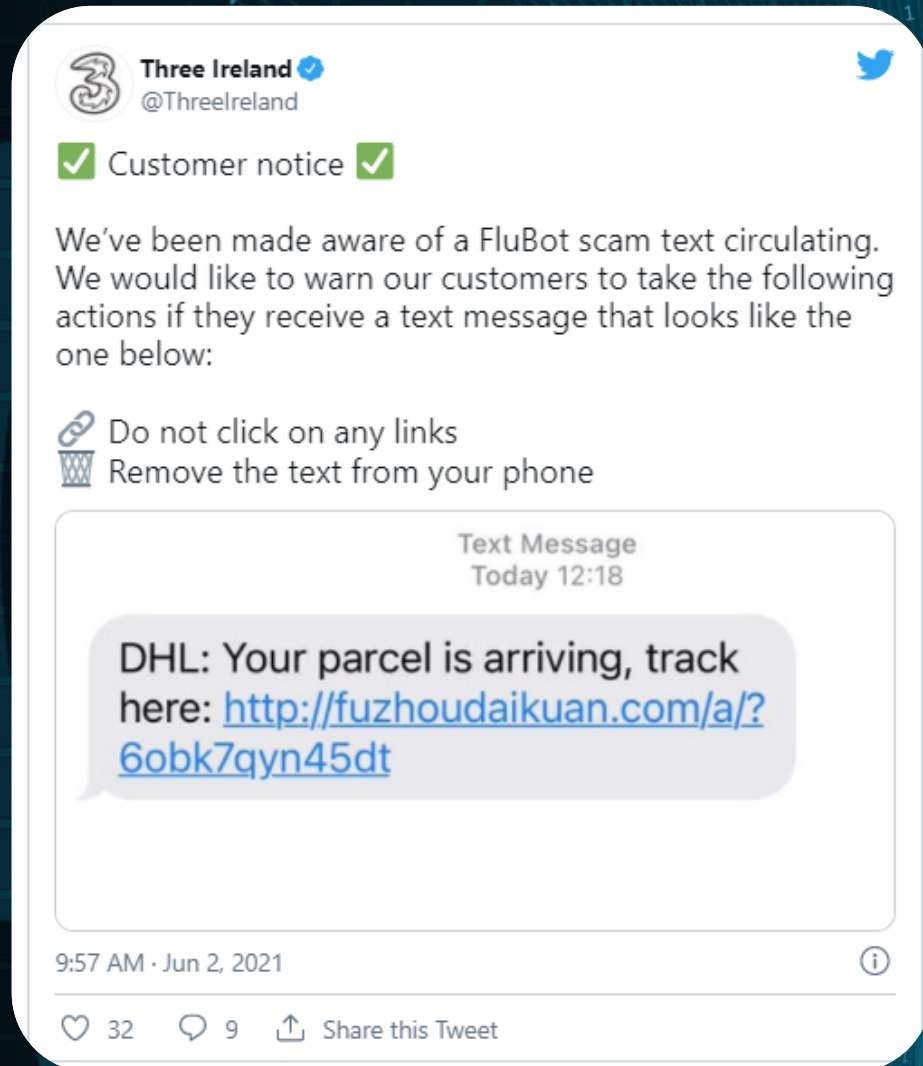
Phishing Security Tests

412 Clicks 21 Replies 78 Attachment Open 7 Macro Enabled 159 Data Entered 22 Reported



Based on 4328 Sent
0 Bounced

FluBot – Mobile Vulnerabilities



Fileless Malware



RansomWare (e.g. Conti, WannaCry)



CONTI recovery service

HOW I GOT HERE?

If you are looking at this page right now, that means that your network was successfully breached by CONTI team.

All of your files, databases, application files etc were encrypted with military-grade algorithms.

If you are looking for a free decryption tool right now - there's none.

Antivirus labs, researches, security solution providers, law agencies won't help you to decrypt the data.

If you are interested in our assistance upon this matter - you should upload README.TXT file to be provided with further instructions upon decryption.

No file selected.





Conti Ransomware

- “Double Extortion” Ransomware
- Restoring your Backups may not be enough to avoid the ransom / fines

SECURING THE FUTURE

The Cyber Security Climate in Ireland

An Amárach report for Microsoft

JANUARY 2019

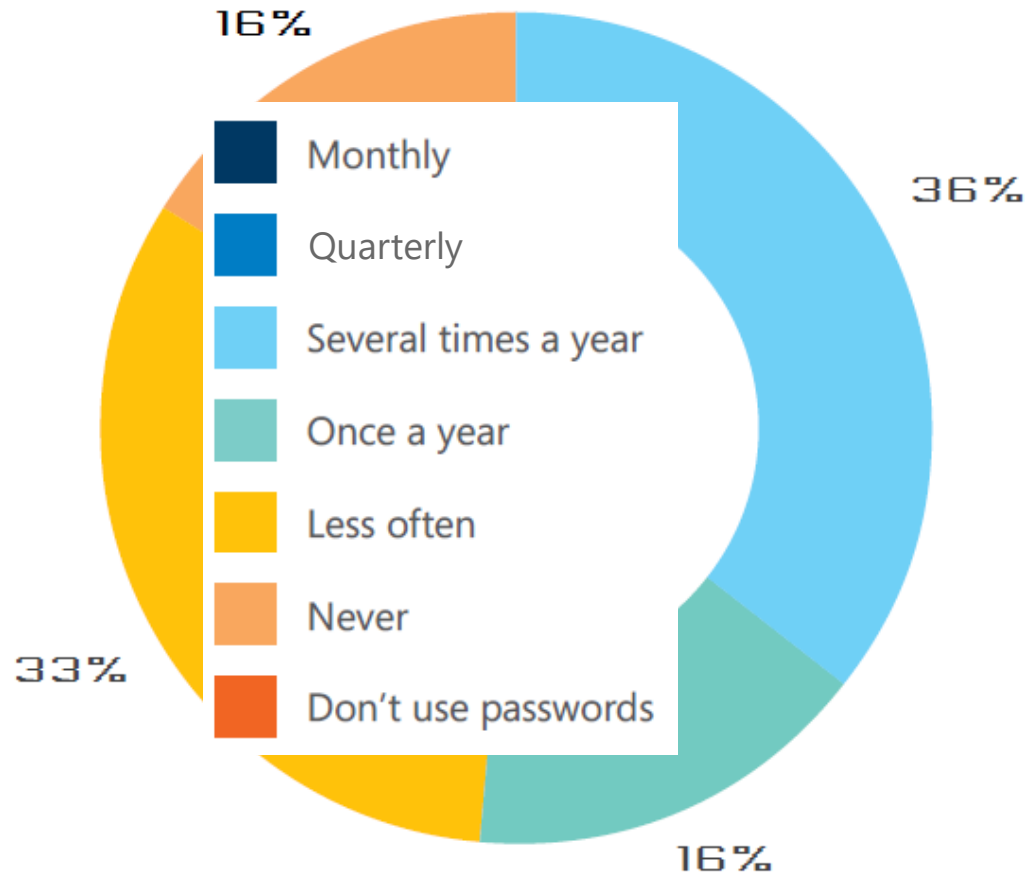
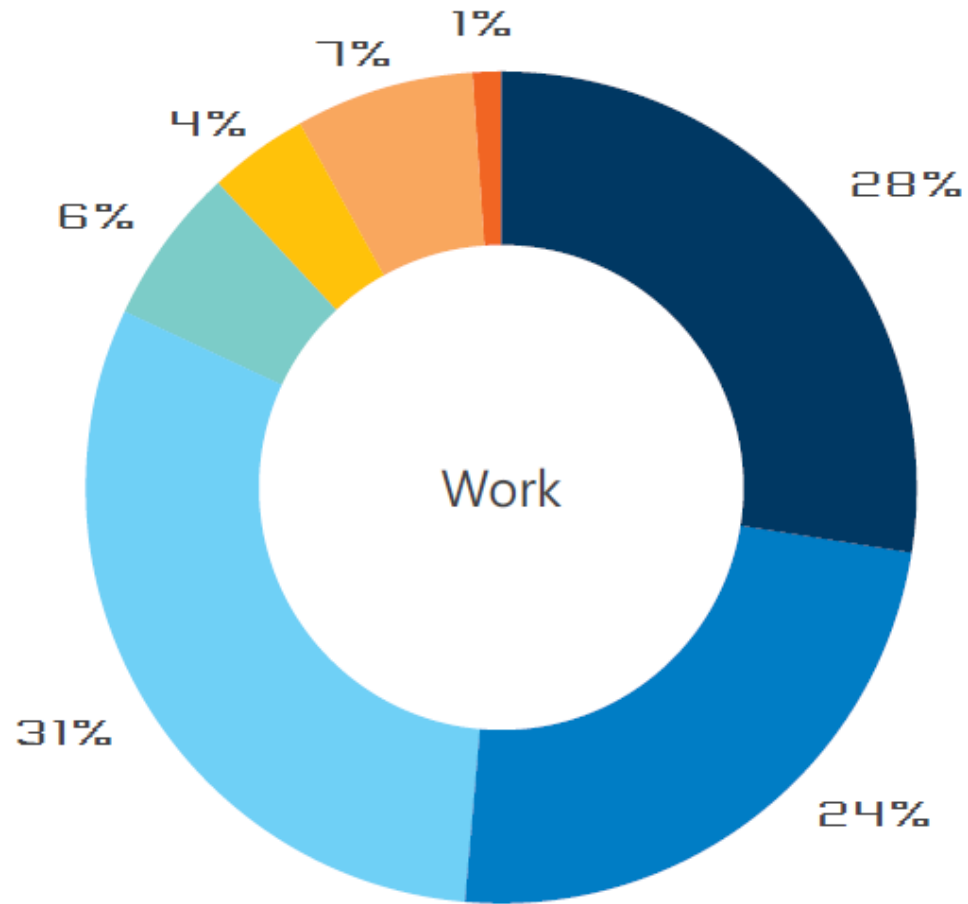


Securing the Future 2020

THE STATE OF CYBERSECURITY IN IRELAND
AN AMÁRACH REPORT FOR MICROSOFT IRELAND
JANUARY 2020



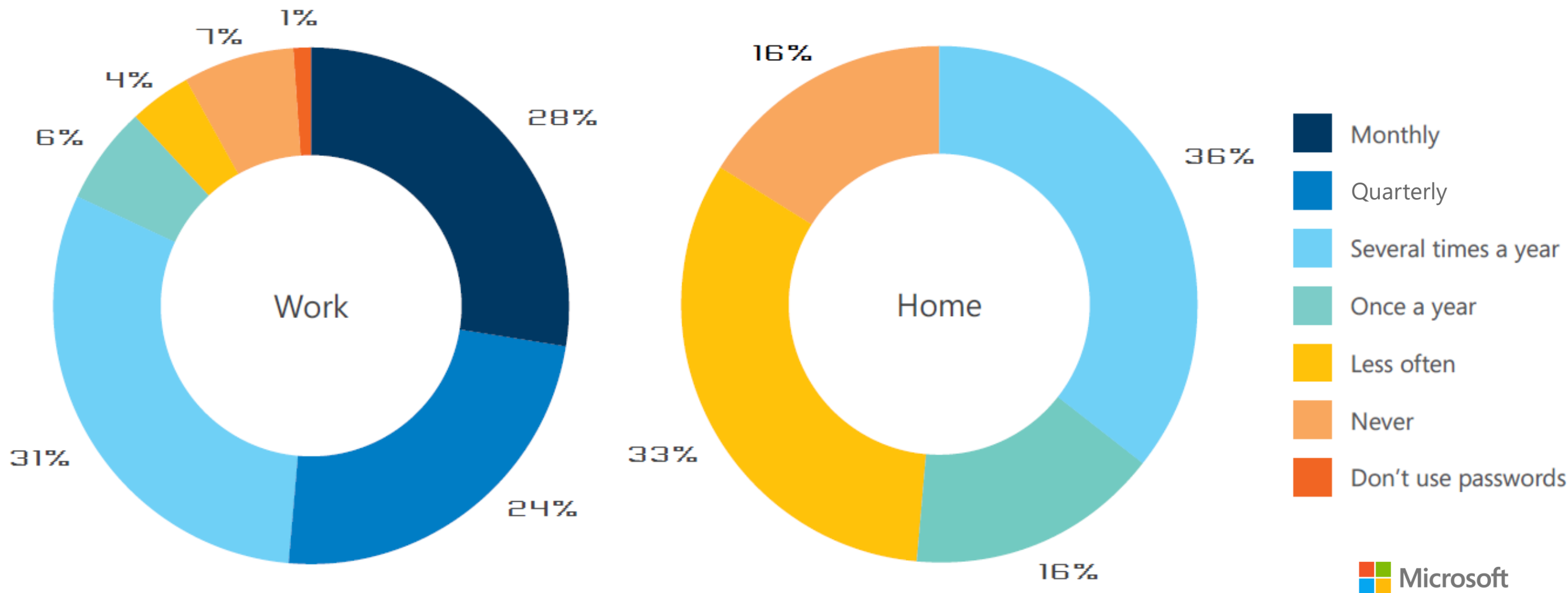
How often do you change your passwords?



77% of respondents rely on their memory to remember passwords



How often do you change your passwords?



Microsoft

77% of respondents rely on their memory to remember passwords





43% of public and private sector employees in Ireland using the same password across different technology.



- Half of users that work from home use their personal cloud services





Does your organisation have restrictions on access to documents, email or other information relating to work when working from home?

- Yes
- No

78%

22%

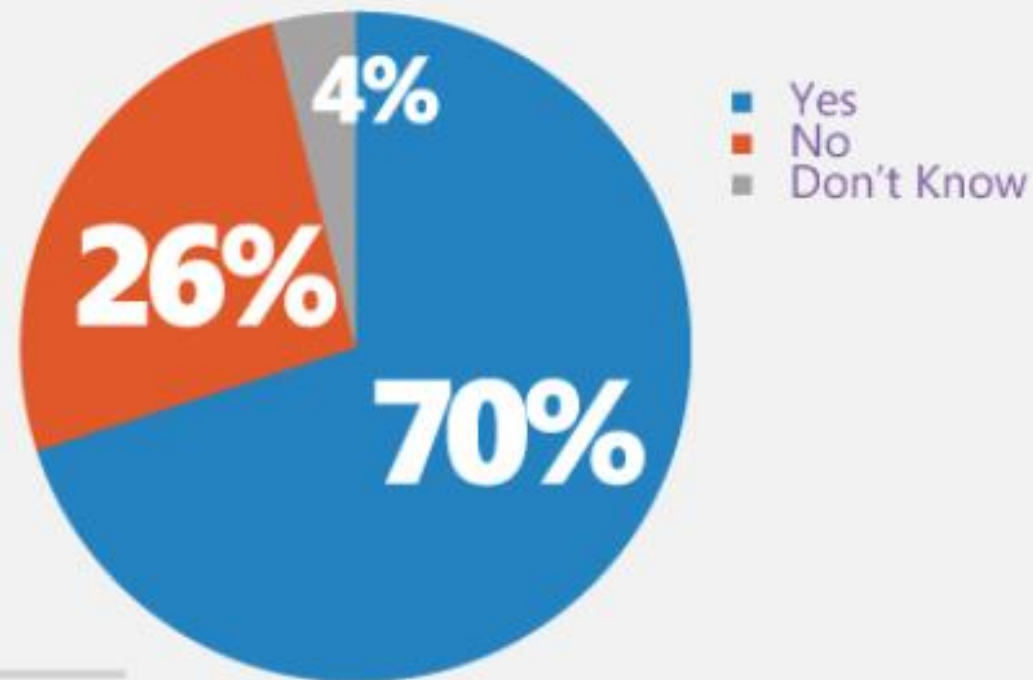


Microsoft

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Has your organisation ever experienced problems with phishing, hacking, cyberfraud or other cyberattacks?



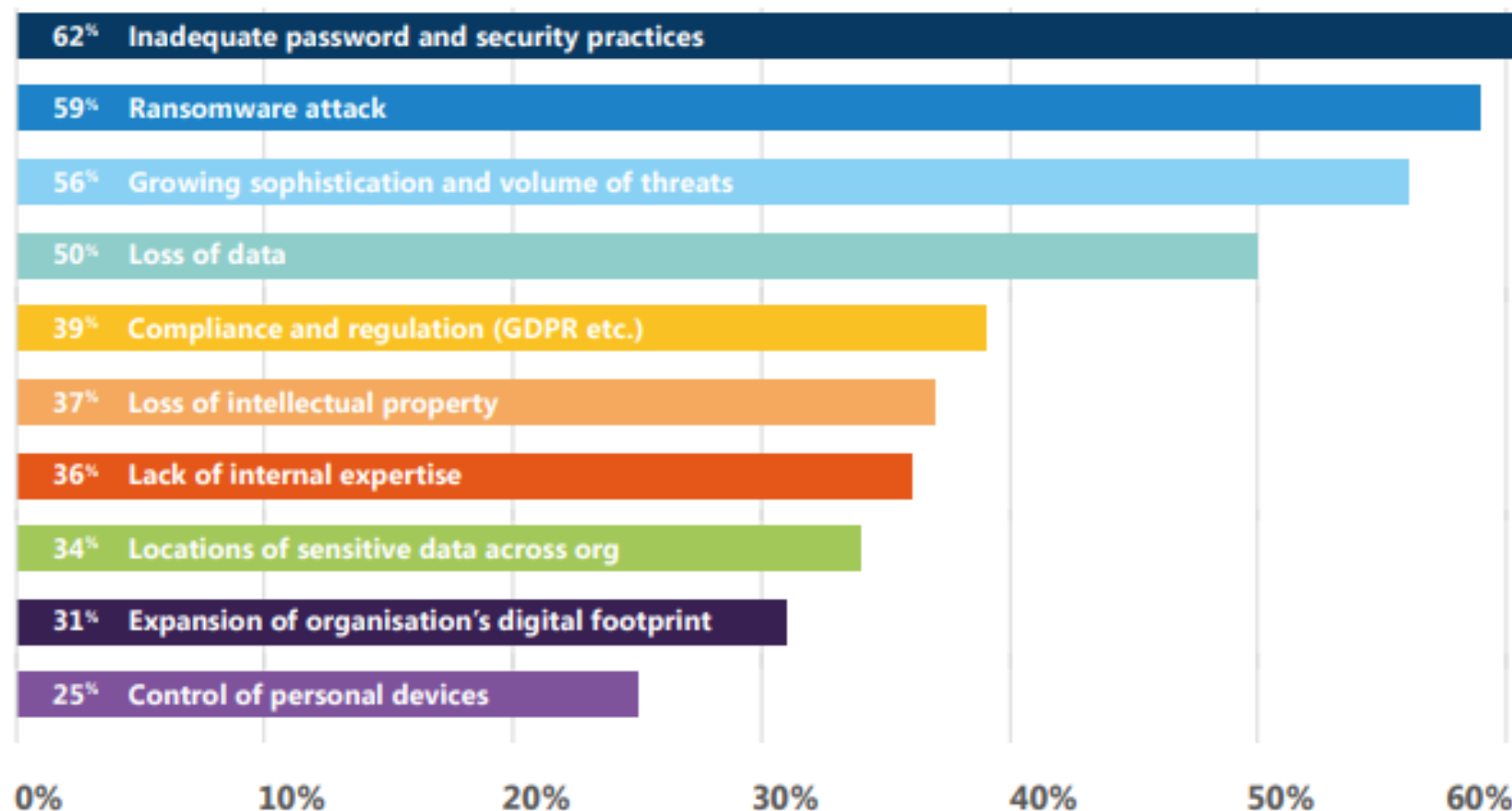
companies are confident they can respond to any security incident effectively.





Main security threat concerns for organisations in Ireland:

% WORRIED

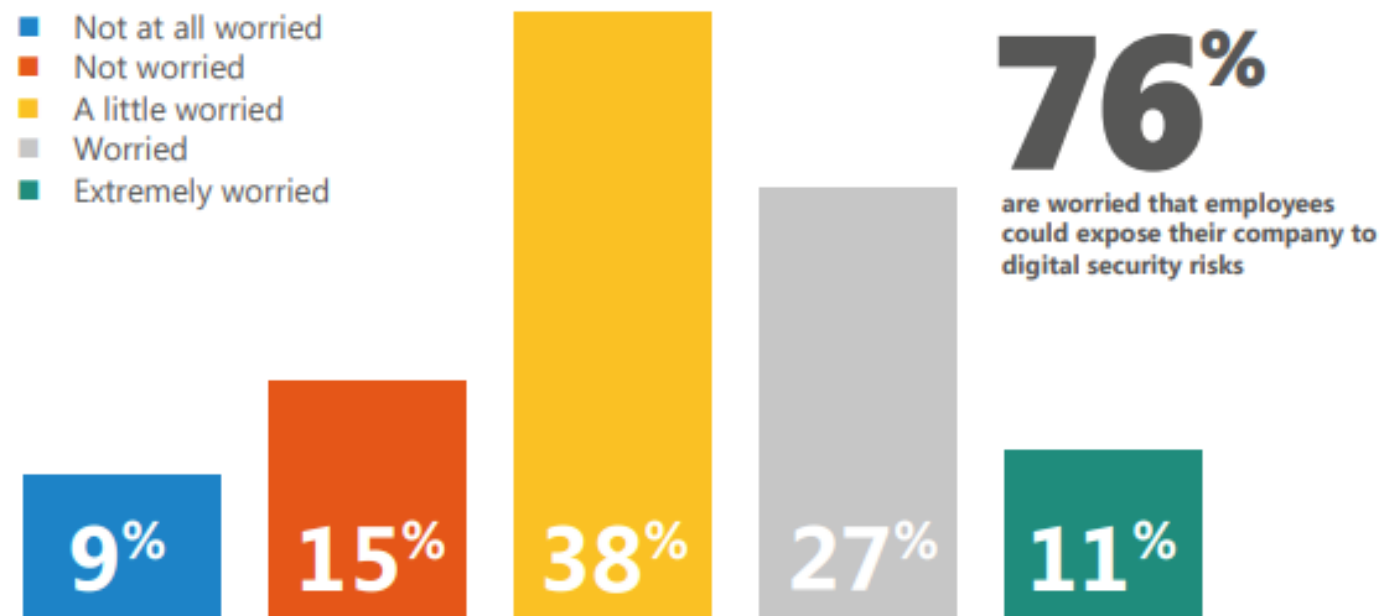


 Microsoft

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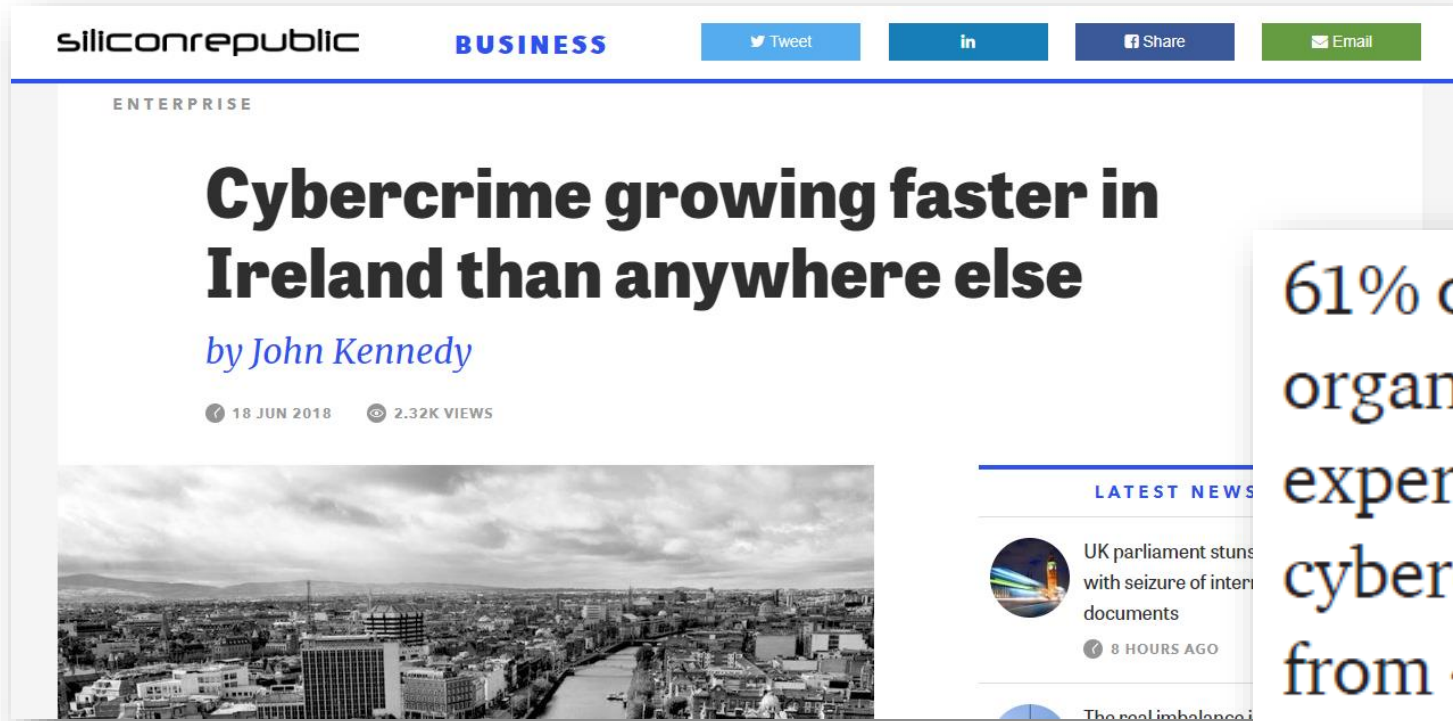
How worried are you that your employees could expose your company to digital security risks?



A person wearing a black hoodie is sitting at a laptop. The background is a dark blue gradient with a pattern of glowing blue binary code (0s and 1s). The number 42,000 is displayed in large, bold, blue digits on the laptop screen.

42,000

This impacts us all



61% of Irish organisations experienced cybercrime, up from 44%

"Here at the Garda National Cybercrime bureau we have seen a significant increase in the number of Ransomware attacks in 2021."





By **Cormac O'Keeffe**
Security Correspondent

[Follow @CormacJO'Keeffe](#)



Monday, November 11, 2019 - 03:11 PM

An Irish company that unknowingly paid almost \$500,000 to fraudsters was “very lucky” to get it back as it had been sent out of the country for up to six days.

Specialist gardai managed to locate the transaction and get the money returned before it was

- “There has been a noticeable increase in what is known as **Invoice Redirect Fraud.**”
- “An awful lot of companies have been hit in the last few weeks,”
- “We are getting a couple of cases every week now.”

IT services remain disrupted at two colleges after ransomware attacks

Systems at TU Dublin's Tallaght campus and the National College of Ireland were impacted by attacks in recent days.

Apr 7th 2021, 5:34 PM 27,194 Views 9 Comments

Share 5

TWO THIRD-LEVEL institutions that experienced ransomware attacks have said there is no definite timeline for when IT services will fully resume.

It was reported yesterday that Technological University Dublin said its Tallaght campus was the victim of a "significant" ransomware attack last week.

The Tallaght campus' entire on-site ICT systems were subject to an attack early on Thursday, and an investigation by technical experts and An Garda Síochána is now underway.

The ICT systems or processes on TU Dublin's city and Blanchardstown campus thought to be affected by the breach.

The National College of Ireland's IT systems were also the victim of a ransomware attack Saturday.

The NCI said the college has suspended access to all IT systems while service providers work to restore services.



Image: Shutterstock/Krisanga

HSE shuts down IT system after 'significant' cyber attack

Updated / Friday, 14 May 2021 08:28



Paul Reid said the cyber attack is impacting all national and local systems involved in all core services (Pic: RollingNews.ie)

The Health Service Executive has temporarily shut down its IT system following what it described as a "significant ransomware attack".

The health body said it had taken the precaution of shutting down its systems to further protect them, and to allow it to assess the situation.

Russian criminal group suspected in Colonial pipeline ransomware attack

The group, known as DarkSide, is relatively new, but it has a sophisticated approach to extortion, sources said.



Hackers taunt HSE as gardaí trawl dark web for patient data



Stock image

Robin Schiller and Philip Ryan
May 18 2021 02:30 AM

LIVE

The Pat Kenny Show

09:00-12:00



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HSE cyber attack is devastating, but far from the first

Updated / Wednesday, 19 May 2021 07:57

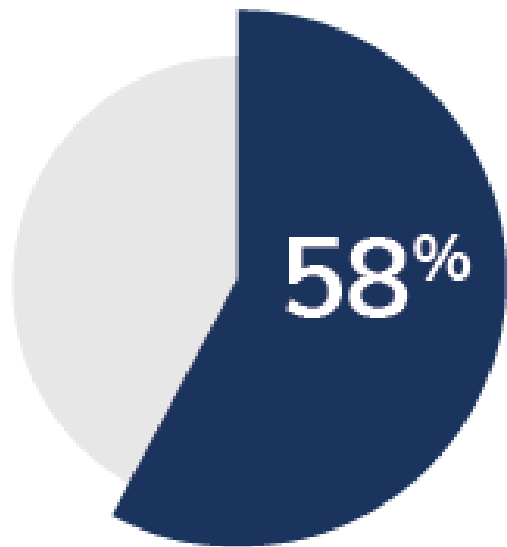


In 2020, as much as €1bn was paid to cyber criminals by companies hit by cyber attacks globally

Patients personal medical information posted online

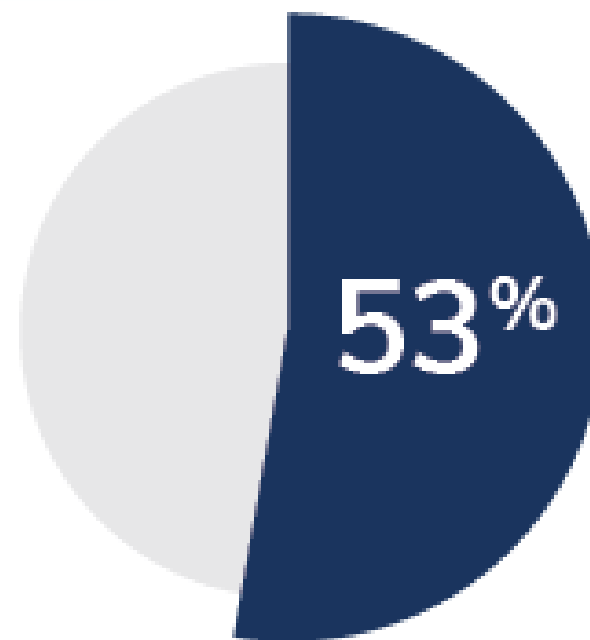
RELATED





of Data Breaches in 2019 were small businesses

Small Businesses that would be unprofitable within one month if effected:



Why this matters...



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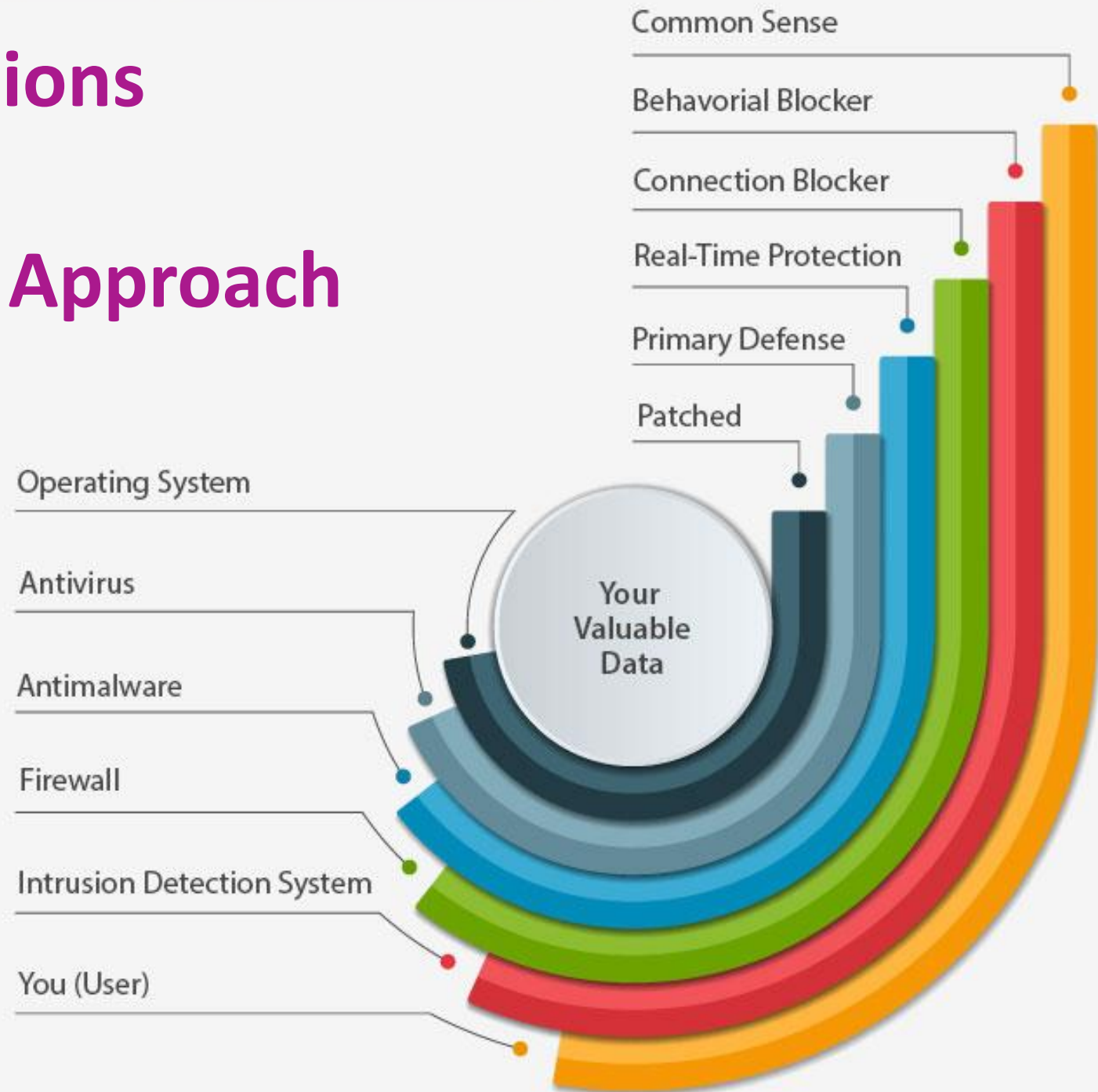
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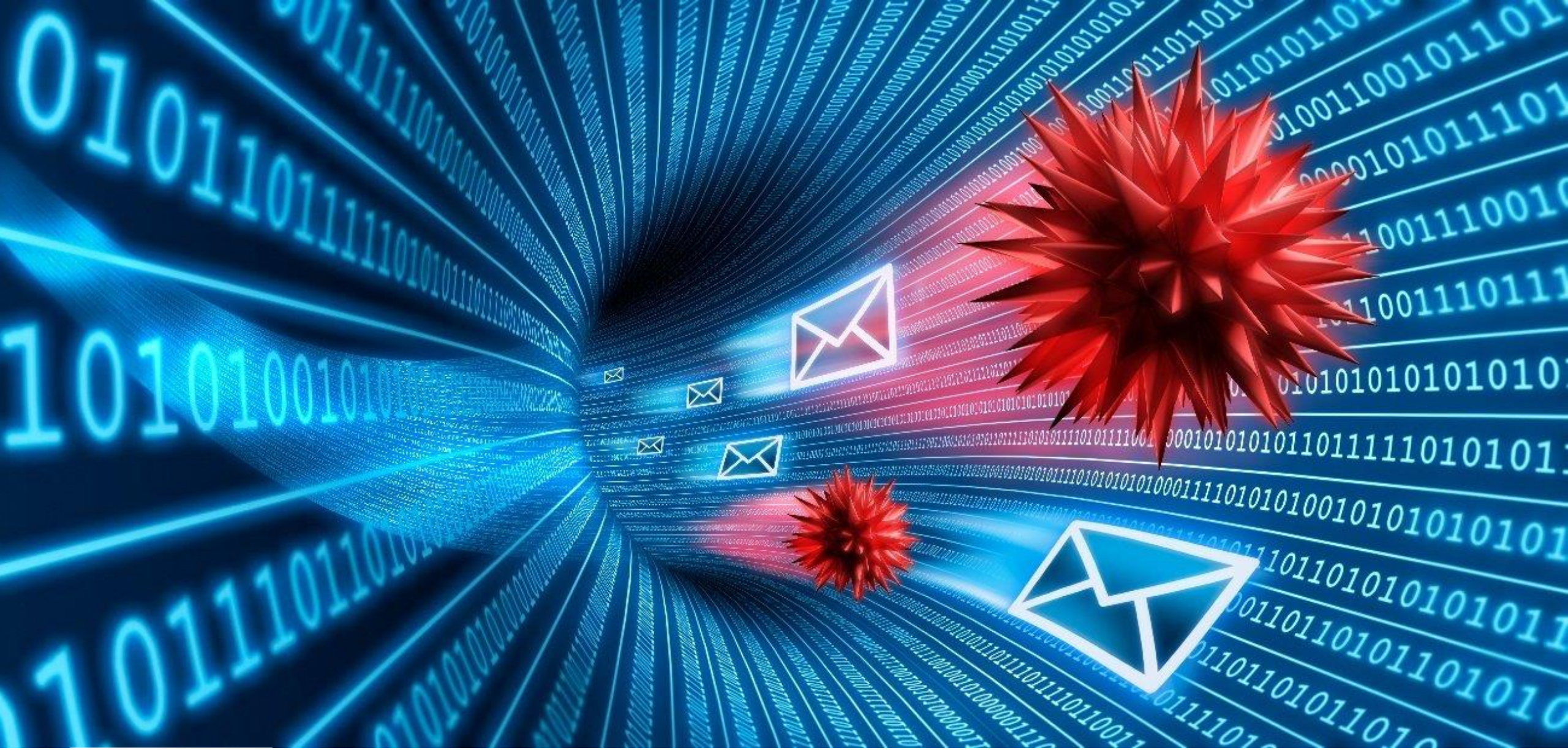
Our Top Recommendations

Multi-Layered Security Approach



Intuity Top Recommendations

1. **Training** your team can build a Human Firewall which will reduce the threat of attack
2. Keep your systems up-to-date: **Patching** operating systems, software, and firmware regularly
3. **Use multi-factor authentication** where possible
4. **Go to the Cloud** – securing your data and systems
5. Regularly change passwords and **avoid reusing passwords** for different accounts (use a password manager)
6. Audit user accounts with **administrative privileges** and configure access controls with “least privilege”
7. **Identify critical information assets** such as patient / customer database servers
8. Follow the **“3-2-1 Rule”** for backups
9. **Review Work from home arrangements**

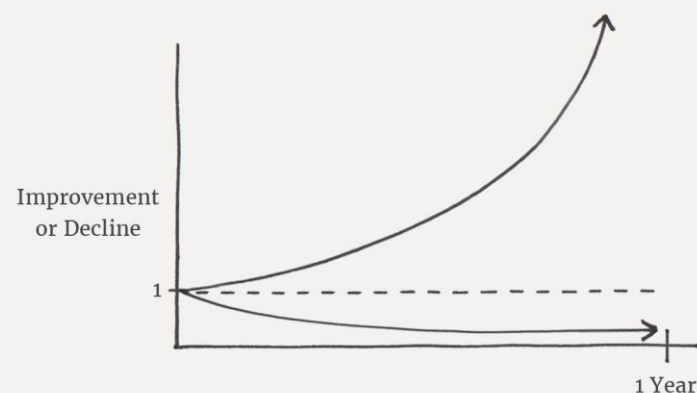




The Power of Tiny Gains

1% better every day $1.01^{365} = 37.78$

1% worse every day $0.99^{365} = 0.03$



JamesClear.com

What Next?

- Apply a multi-layered approach
- Training & Culture of Awareness
- Apply a simple Framework
- Talk to us – we'd be delighted to help

- <https://www.intuity.ie/connect/subscribe/>
- hello@intuity.ie

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Notes & Resources

- Notes
- Resources
- Links
- Recommended reading / listening
- Framework information

Our Top Recommendations (with some extra notes)



Training & Phishing Simulation

- Training your team can build a Human Firewall which will reduce the threat of attack and increase your protection
- Phishing Simulation to raise user awareness and create a [powerful Culture](#)

Keep your systems up-to-date:

- Patch operating systems, software, and firmware regularly

Use multi-factor authentication where possible

Regularly change all passwords

- Avoid reusing passwords for different accounts (use a password manager)

Audit user accounts with administrative privileges

- Configure access controls with “least privilege” in mind

Identify critical information assets

- Such as patient / customer database servers; create backups of these systems and house the backups offline from the network

Follow the “3-2-1 Rule” for backups

- 3 copies of data (Live, Backup 1, Backup 2)
- 2 distinct backup types (e.g. local & cloud)
- 1 offsite copy (i.e. cloud)

Review Work from home arrangements

Use a recognised framework for guidance





NIST

Framework for Cyber Security



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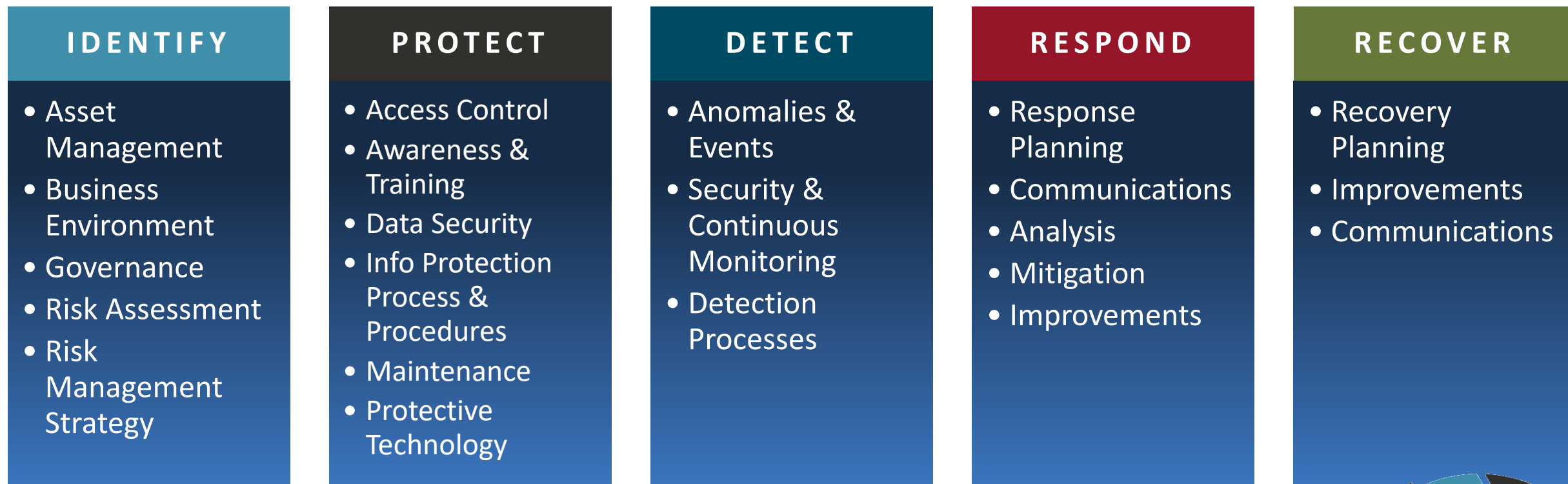


Resources / Recommended Media

- Books
 - “Zucked” – Roger McNamee
 - “The Dark Web” & “The People vs. Technology” – Jamie Bartlett
 - “Atomic Habits” – James Clear
- Podcasts
 - Darknet Diaries, Hacking Humans, Smashing Security
- Teams – Working from home! https://www.youtube.com/watch?v=-wCyq9oll_o
- Web
 - Cyber Essentials <https://www.intuity.ie/data-it-security/cyber-essentials/>
 - Dark Reading www.darkreading.com : Connecting The Information Security Community
 - Cyber Ireland <https://cyberireland.ie/>
 - Microsoft Report – Securing the Future, The Cyber Security Climate in Ireland.
<https://info.microsoft.com/rs/157-GQE-382/images/EN-CNTNT-eBook-Securingthefuture-MGC0003544.pdf>
- More on NIST
 - <https://www.nist.gov/cyberframework/online-learning/five-functions>
 - <https://www.secmatters.com/blog/how-to-comply-with-the-5-functions-of-the-nist-cybersecurity-framework>



NIST Framework for Cyber Security



NIST



Posters / graphics for increasing awareness

